



A balanced selection of carbohydrates, protein, fresh fruits and vegetables.

### MONDAY

Cheese and Tomato Pizzini

Served with fruit, salad sticks and a pudding of the day

### **TUESDAY**

Tuna Mayo Sandwich

Served with fruit, salad sticks and pudding of the day

# WEDNESDAY

Cheese Wrap

Served with fruit, salad sticks and pudding of the day

## **THURSDAY**

Ham Sandwich

Served with fruit, salad sticks and pudding of the day

### FRIDAY

Meatball Sub

Served with fruit, salad sticks and pudding of the day







FISH FROM WELL-MANAGED AND SUSTAINABLE SOURCES

17/hc3seducation

